

**SOMETIMES,  
ALL YOU NEED  
IS SOMEONE  
WHO LISTENS...**

 Hinrichsentstr. 35,  
04105 Leipzig

 [www.buendnis-depression-leipzig.de](http://www.buendnis-depression-leipzig.de)



## Self-Help Group in English

for everybody  
whose native language isn't German

We offer the possibility to talk about  
mental health or just the weather, to be  
together, to support each other...

When you feel alone  
When you would like to talk  
Whenever you want the company of others

Meeting every second week

**Sunday 15:00-17:00**

For more information, please contact:

✉ [info@buendnis-depression-leipzig.de](mailto:info@buendnis-depression-leipzig.de)

☎ 0341 - 67 93 57 24

\*Registration isn't required

**AOK PLUS** 

leipziger  
bündnis  
gegen  
**DEPRESSION** e.v. 